



Filing Instructions  
COLA/Social Security Verification Request  
VWC Form No. CA51

In order to apply for Cost-of-Living Adjustment, please complete the following steps:

1. Complete the upper portion of the eligibility form to include the claimant's name, accident date, VWC Jurisdiction Claim Number, and Social Security Number.
2. Take the form to the Social Security Administration. A representative of the Social Security Administration must complete Sections 1 and 2.
3. The eligibility form must be signed by a Social Security Representative.
4. The eligibility form must be signed by the Claimant.
5. Return the form to the Virginia Workers' Compensation Commission for Cost-of-Living eligibility determination.

Please Note:

In the event that Social Security Benefits are not being received, the signature of the Social Security Representative is still required.

For questions or assistance completing this form, please contact the Commission toll-free at (1-877) 664-2566 or visit our website at [www.workcomp.virginia.gov](http://www.workcomp.virginia.gov)